

## Concussion Signs & Symptoms Checklist

**Student Name:** \_\_\_\_\_ **Date/Time of Injury:** \_\_\_\_\_

**Description of Injury (where injury occurred, how it occurred and description of injury):**

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**School Employee Completing Form:** \_\_\_\_\_

**Observed Signs: (check all that apply)**

**0 Minutes      15 Minutes**

Appears dazed or stunned	_____	_____
Is confused about events	_____	_____
Repeats questions	_____	_____
Answers questions slowly	_____	_____
Can't recall events prior to the hit, bump or fall	_____	_____
Can't recall events after the hit, bump or fall	_____	_____
Loses consciousness	_____	_____
Shows behavior or personality changes	_____	_____
Headache or "pressure" in head	_____	_____
Nausea or vomiting	_____	_____
Balance problems or dizziness	_____	_____
Fatigue or feeling tired	_____	_____
Blurry or double vision	_____	_____
Sensitivity to light or noise	_____	_____
Numbness or tingling	_____	_____
Does not "feel right"	_____	_____
Difficulty thinking clearly	_____	_____
Difficulty concentrating	_____	_____
Difficulty remembering	_____	_____
Feeling more slowed down	_____	_____
Feeling sluggish, hazy, foggy or groggy	_____	_____
Irritable	_____	_____
Sad	_____	_____
More emotional than usual	_____	_____
Nervous	_____	_____

**Sideline Assessment - Maddock's Score**

"I am going to ask you a few questions, please listen carefully and give your best effort."

At what venue are we at today?	0	1
Which half is it now?	0	1
Who scored last in this match/game?	0	1
What team did you play last week/game?	0	1
Did your team win the last game?	0	1

Maddocks score    \_\_\_/5

**Danger Signs for Parents/Guardians to Watch For: If your child exhibits any of these symptoms, child should be taken to an emergency department right away:**

- One pupil (black part in the middle of the eye) larger than the other
- Drowsiness or cannot be awakened
- A headache that gets worse and does not go away
- Weakness, numbness, or decreased coordination
- Repeated vomiting or nausea
- Convulsions or seizures
- Difficulty recognizing people or places
- Increasing confusion, restlessness or agitation
- Unusual behavior
- Loss of consciousness (even brief should be taken seriously)

**For Medical Provider:**

Name of M.D./D.O.: \_\_\_\_\_

Date & Time of Medical Review: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Medical Diagnosis: \_\_\_\_\_

Patient is (circle one): Cleared for Immediate Return to Play / Not Cleared for Return to Play

Medical Restrictions: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Signature of M.D./D.O.: \_\_\_\_\_