

# How Does Your Pre-Teen Stack Up?

Your child needs vaccines to fight these diseases by 11-12 years of age.

## Meningitis



- Causes swelling of the brain and spinal cord
- Spread through sneezing, coughing, kissing, and sharing food or drinks with infected persons
- First dose should be given at the 11-12 year old check up
- Many teens will need a booster dose
- **New requirement for 7<sup>th</sup> grade entry**

## Influenza (Flu)



- Spreads easily in school settings
- Even healthy people can get the flu and it can be serious
- Everyone 6 months of age and older needs **seasonal flu** vaccine every year

## Human Papillomavirus (HPV)



- Can cause cervical cancer in females and genital warts and other HPV-related cancers in males and females
- Three shots are needed at 11-12 years of age

## Hepatitis A



- Hepatitis A can cause fever, tiredness, loss of appetite, nausea, and jaundice
- Children and teens need two shots of Hepatitis A vaccine

## Tetanus, Diphtheria, Pertussis



- Tetanus can be found in soil and enters the body through a cut or wound
- Whooping cough (pertussis) causes coughing or choking making it hard to eat or breathe
- One dose of Tdap vaccine is needed at 11-12 years of age
- **New requirement for 7<sup>th</sup> grade entry**

## Varicella (Chickenpox)



- Causes an itchy rash all over the body
- Can lead to severe skin infections, scars, and pneumonia
- All school-age children and teens - who have not had chickenpox - now need two doses of Varicella vaccine
- **New 2 dose requirement for all grades**

Make sure to ask your healthcare provider if your pre-teen is up-to-date on other needed vaccines, such as Hepatitis B; Measles, Mumps and Rubella (MMR); and Polio.

This design was originally created by the Michigan Department of Community Health and modified by the Berks County Immunization Coalition.

