

## Wellness Committee - Spring 2024

Monday, May 6 · 3:30 – 4:00pm

Google Meet joining info, Video call link: <https://meet.google.com/hbz-cjeg-dak>

### ~ [Review Wellness Policy](#)

Re-evaluation and assessment due in 2024 - administration will be checking with PSPA for any updates and the assessment will be completed by September 5, 2024.

~ Mental health/wellness updates - grant received to continue mental health services with Andrea Venesky for another school year; Mr. Rushefski met with SCBBH to maintain their services next school year and requested one additional counselor; funds in place to create a “zen room” in the high school in the near future; mental health wellness activities are in place all this week throughout the district.

~ Health office updates/information.

COVID - last reported case to the school was on 3/1/24, test kits available in the health office upon request.

CMT review - 10 cases followed this school year, similar numbers seen in the past, CMT involves nursing assessments and academic accommodations set by Liz Shivock.

Immunizations for August 2024 - currently, 78 students in K4, 6th, and 11th grades will require immunization updates in order to begin the school year in August 2024; letters, emails, and phone calls have been sent home several times this school year and another letter will be mailed home to parents with all the needed information before the end of May.

Field trip coverage - nurse coverage has been arranged for all field trips except for K4 - most parents accompany their child, there are no chronic health conditions or medications needed, and there are first aid stations at Animal Adventure if needed.

~ Added Andrea Venesky as a parent representative, Joe Adornato as the community medical provider and Mr. Soden will replace Lilly Matis as the student rep. by the Winter 2024 meeting.

~ Any additional comments/suggestions/discussion

Discussed a workshop that is available to anyone interested in promoting a healthy lifestyle in schools - flier to be emailed out to all Wellness Committee Members with information to register.

Member Sign-In:

1. Liz Matis
2. Lilly Matis
3. John Rushefski
4. Joe Adornato
5. Amanda Cook
6. Brent Soden
- 7.
- 8.