

## Wellness Committee - Winter 2023

Monday, December 11 · 3:30 – 4:00pm

Google Meet joining info      Video call link: <https://meet.google.com/tro-djwd-ugf>

Or dial: (US) +1 978-728-9671 PIN: 819 234 261#

### ~ [Review Wellness Policy](#)

Reviewed the policy briefly and discussed the plan for re-evaluation and assessment of the policy in 2024. Administration will make arrangements for that to occur as required.

### ~ Discuss the Student Advisory Committee

Student group put together by Mr. Soden in the High School and works with the Nutrition Group to review meal options in the cafeteria. Students met once this year and will meet again, to taste test recipes and make suggestions to increase the use of school meals for both breakfast and lunches.

~ Health office updates/information. Discussed: COVID related information, the progress for the See to Succeed Program, that the immunization report was submitted this month as required, a review of the screening status for all district students, and parent notification letters for BMI results are being mailed out before the holiday break.

~ Recommendations for the replacement of Jessica Page (community medical provider) and Lilly Matis (student rep. after graduation May 2024).

Administration will be planning a meeting with folks at Barnes and will include this detail, and we will identify a possible 8th or 9th grader to become the student rep.

### ~ Any additional comments/suggestions/discussion

Discussed the positives seen in our district with the continued use of the Nutrition Group, they go above and beyond to accommodate the needs of our students.

Mentioned the efforts for the Child Hunger Outreach Partners backpack weekend meal program which has been initiated by Andrea Venesky. Will invite Andrea to join the Wellness Committee as a parent/school representative who will be an asset to the committee.

Member Sign-In:

1. Liz Matis
2. Amanda Cook
3. John Rushefski
4. Brent Soden
5. Kirk Fallon (Virtually)
6. Mary Iveson
- 7.
- 8.
- 9.
- 10.